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Ass. Lect. Emad Sarhan :: Publications:

Title:	TENSION FREE REPAIR FOR INGUINAL HERNIA: CLINICAL STUDY COMPARING DESARDA TECHNIQUE WITH TENSION FREE MESH REPAIR (LICHTENSTEIN TECHNIQUE)
Authors:	Emad Mahmoud Meghawry Sarhan, Hany Salah El-Din Tawfik, Nabil Ahmed Ali, Mohammed Abd ElHakem Mansour.
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Abstract:

Inguinal hernia repair is one of the cornerstones of a general surgery practice and is one of the most commonly performed procedures. Although there are no exact figures totaling the number of inguinal hernia repairs performed annually, it has been estimated that approximately 800,000 cases were performed annually, not including recurrent or bilateral hernias. Aim: To report our experience in tension free repair of inguinal hernia by comparing Desarda technique with tension free mesh (Lichtenstien) technique . Methodology: From November 2012 to June 2013, a total of 100 adult male patients with primary inguinal hernias were randomly allocated intraoperatively to undergo one of the two repairs: Desarda tissue-based repair (D) or the classic Lichtenstein mesh repair (L) .Follow up is designed for 24 months duration. Results: According to our scale evaluating outcome, desarda technique is comparable to the standard lichtenstein technique as regarding post operative complications. Conclusion: Our study confirmed that the results of inguinal hernia treatment with the Desarda technique are similar to the results after standard Lichtenstein operations over a 2-year time period. The main indications for use of the Desarda technique include use in young patients, in contaminated surgical fields, or if a patient disagrees with the use of mesh.

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